

Vocabulary

“Meals 1”

Vegetables:

cabbage	carrot
cucumber	onion
beetroot	beans
garlic	tomatoes
lettuce [ˈletɪs]	radish [ˈeɪ]
peas	leeks
potatoes	mushrooms
cauliflower – цветная капуста [ˈkɒlɪflaʊ]	
French beans – фасоль	
aubergines (egg plants) [ˈaʊb dʒiːn] – баклажаны	
marrows – кабачки	
Brussels sprouts [ˈbrʌsl ˈspraʊts]	

Herbs:

parsley – петрушка
fennel (dill) – укроп
celery – сельдерей
sage – шалфей

Meat:

pork – свинина
veal – телятина
beef – говядина
mutton – баранина
venison – оленина

chicken

lamb

duck

liver [ˈlɪv]

minced beef – фарш
kidneys – почки [ˈkɪdnɪz]

Fish:

salmon – лосось
cod – треска
flat-fish, flounder – камбала
trout – форель
perch – окунь
pike – щука
herring – сельдь
caviar [ˈkævɪə] – икра

Seafood

prawns – креветки
crab
lobster – омар
crayfish – рак
oysters – устрицы
shellfish – мидии

Fruit:

apple	plum
peach	apricot [ˈeɪprɪkɒt]
orange	pineapple
banana	lemon
pear [pɛə]	grapes
melon	water-melon
cherry	strawberry
raspberry	gooseberry
blackcurrant	dates – финики
raisins – изюм	tangerine – мандарин

walnuts – грецкий орех [wɔːlnʌts]
peanuts – арахис

Spices:

cinnamon – корица [ˈsɪnəmɪn]
curry
ginger – имбирь
vinegar [ˈvɪnɪɡə] – уксус

Drinks:

Soft drinks: juice

lemonade
coke (pepsi)
tea
coffee

mineral water

spring water

Hard drinks (spirits):

whiskey	scotch
vodka	champagne [ˈʃæmpəˈneɪn]
cognac	sherry
liqueur [ˈlikɜː]	
wine (red, white, sparkling)	
beer (bitter, lager)	

Dessert:

a tart
a cake
a pudding
rolls
jam
marmalade
a pie
a sponge [spʌndʒ] – бисквит
cookies (Am) / biscuits
scones (Am) / buns
jelly

“Meals 2”

Flavours and tastes:

It tastes delicious
 fantastic
 fine
 disgusting
 sweet – bitter, sour [‘sou]
 hot, spicy – mild, bland
 salty – sugary, sickly
 tasty – tasteless
 savoury [‘seiv ri]

* unimaginative

shocking
 boring
 unambitious

Quality, appearance:

overdone – underdone
 overcooked – undercooked
 stodgy (heavy, hard to digest)
 greasy

Cooking utensils (kitchen equipment)

a bowl
 a frying pan
 a casserole dish

a saucepan

Verbs: way of cooking food

to fry – жарить

to grill
 to broil – жарить на огне
 to heat up
 to stir
 to simmer – закипать
 to barbecue

to roast – жарить

to bake
 to casserole – тушить
 to stew – тушить, варить на слабом огне
 to steam – варить на пару, тушить
 to scald – ошпаривать, пастеризовать
 to smoke – коптить

to invent *complex recipes*
 saucy

to disguise the natural taste of
to drown smth in *wi ne*

sauce
 cream
 yoghurt
 spices

to beat *отбивать (мясо)*
 взбивать (белки)
be
at

to whip – взбивать (белки)
 to cream together

to blend – смешивать
 to mash – разминать

to season – выдерживать (вино)

Verbs:

to scrub

to blanch – чистить (миндаль)
 to pare (off) – срезать
 to slice
 to grate – тереть на терке
 to cut
 to mince – рубить, крошить (мясо)
 * to remove fresh from stones

to peel – снимать кожуру, чистить

to scrape (off) – отчищать
 to shell – снимать скорлупу, лущить
 to shred – шинковать (нарезать полосками)
 to chop – резать, крошить
 to carve – резать (мясо на стол)
 to stuff – начинять, фаршировать

Speech patterns

Offering:

At the restaurant (café)

What are you going to have?

What would you like to eat (drink)?

What can I get you?

What do you want to drink?

May I suggest you something?

What's it to be?

Wouldn't you like some...?

*Wouldn't you care for...?

Do you fancy...?

Are you sure you won't have...?

Why don't you try...?

You won't refuse to have...?

Why don't you try...?

You won't refuse to have...?

Anything to follow?

Do you mind having...?

Any vegetables?

And the main course?

*Won't you make it... (a pint) this time?

* I'll see if I can catch the waitress's eye.

If I were you, I'd take...

I wonder if there's anything to your taste on the menu?

What do you say to...?

At home:

What about...?

How about...?

Will you have (some, another)...?

Have some more (another)...

Do you have some more (another)...?

Help yourself to...

We are going to have... Will you have some?

Why aren't you eating anything? Have...

Let's have some...

Shall I give you...?

What do you say to...?

Would you like...?

Request:

I'd like...

I'd rather like...

I fell like...
I'd love...
I think I'll have...
I'll try...
I could do with...
I'd like some... instead (to start with)
... will (would) go down well.

Could you give me...?
Give me some...
Will you give me some...?
Do you think I could (can) have some (another)...?
Could I have some more...?

Refusing:

No, I think I'd better (rather)...
I don't think I'll have any...
I never have...
Thanks very much, but I'm driving (I must go).
No, thanks, I'd prefer...
No, ... is out of the question.
Can we order that letter?
*That's very kind of you, but I don't think I will.
*No, thanks. But I'd better stick to halves.

Agreeing:

That's a good idea. I think I'll join you.
It certainly looks tempting; I wouldn't mind it myself.
*Half a bitter, please.
The same again, please.
I'd better not, thank you all the same.
Just a light ale for me, please.
... will go down well.